

Daily Care of Your Facial Prosthesis with Water-Based Adhesive

Preparing your skin and prosthesis:

- Please wash and dry your hands and skin where your prosthesis is to be placed.
- Be sure your prosthesis is clean and oil-free by gently washing it with soap and water.

Applying adhesive to your prosthesis:

- Shake the adhesive well before opening.
- The adhesive is applied with a cotton tipped swab by evenly spreading a thin layer of adhesive along the outer edges of the back side of your prosthesis. *Your adhesive will last longer if you dip the cotton tipped swab only once into the bottle –double dipping is not recommended.*
- Allow the adhesive to dry until it turns clear. *A hand-held hair dryer on low will accelerate drying.*
- If using a second coat, apply a second coat over the dry layer of adhesive.
- You can enhance the adhesion by applying adhesive to your skin as well as to the margins of the prosthesis.
- Wetting the adhesive on the backside of the prosthesis with water after it has dried may ease placement. *If water is used, be sure to allow some extra time for the water to evaporate/soak in before a final press along all edges.*
- Using a mirror, press prosthesis firmly into place with even pressure.
- Securely tighten lid on bottle to prevent evaporation and spills.

Removing and cleaning your prosthesis:

- It is best to remove the prosthesis daily to keep your skin healthy and maintain proper hygiene of the prosthesis.
- Once removed, gently roll the adhesive off your prosthesis with your fingertips or a cloth. *Soaking the prosthesis in warm, soapy water for about 15 minutes may soften the glue and make it easier to remove.*
- Clean your prosthesis with a mild dish soap such as Dawn® and warm water.
- If you wear an orbital prosthesis, do not clean the plastic eye with alcohol.
- Store your prosthesis in a non-airtight container in a safe place.

Cleaning your skin:

- Remove adhesive from your skin by gently rolling it off.
- Residual adhesive can be removed with a moisturizing lotion or makeup remover. *Moisturize your skin at night; but not in the morning before application of the prosthesis*
- Wash your face with your preferred cleansing product.
- Follow any instructions given to you by your physician and report any areas of inflammation or irritation.

What to avoid:

- Please do not swim wearing your prosthesis. Salt water and chlorine cause the color to fade.
- Please do not allow adhesive to freeze and do not store in refrigerator.
- Please do not use soaps containing oils, lotions, or moisturizers on the prosthesis.
- Please do not use solvents except those recommended by your anaplastologist to remove the adhesive. *Rubbing alcohol is fine on occasion, but strong solvents can shorten the life of a prosthesis.*
- Please avoid exposure to cigarette smoke, it will stain and yellow the prosthesis.
- Please avoid prolonged direct exposure to sunlight, which can cause the color of the prosthesis to fade.